

Rosenberg self-esteem scale-Revised

Below is a list of statements dealing with your general feelings about yourself. Please indicate how strongly you agree or disagree with each statement. Put a check mark “√” on the box that correspond to your answer

Statement	Strongly agree	Agree	Disagree	Strongly disagree
1. On the whole, I am satisfied with myself.				
2. At times, I think I am no good at all.				
3. I feel that I have a number of good qualities				
4. I am able to do things as well as most other people.				
5. I feel I do not have much to be proud of.				
6. I certainly feel useless at times				
7. I feel that I'm a person of worth, at least on an equal plane with others.				
8. I think I am able to give myself more respect.				
9. All in all, I am inclined to feel that I am a failure				
10. I take a positive attitude toward myself.				